

ReLaunch Your Life

ReLaunch!	ISSUE #17
Love Your Work. Love Your Money.	In this issue:
Love Your Life.	Fill Your Own Gift Basket
	A Christmas Wish
	Resources You Can Use

Dear ReLauncher

Here we are, moving into the last week of 2010. The holiday season is in full swing with office parties, Christmas gift shopping (for those last minute folks anyway), and enjoying time with the special people in our lives.



At the close of the old year, many of us take a look back at what we've accomplished in the last twelve months. And we look ahead to the New Year with it's promise of a clean slate to begin again.

As you share this Christmas season with the special people in your life, pause for a moment to remember all the good things that 2010 has brought you and be grateful for the abundance in your life.

I'm grateful to each one of you for sharing this ReLaunch journey with me. You've inspired and encouraged me. You've shared your stories, your successes, and your dreams with me. Thank you.

May you all have a lovely Christmas filled with peace, love, and happiness.

Merry Christmas,

Bonnie

Welcome to all new subscribers who've joined us this week. I'm so glad you're here. We're all on this ReLaunch journey together. If you have a friend that you think would enjoy this newsletter, please feel free to forward it.

*Be thankful for what you have; you'll end up having more.
If you concentrate on what you don't have, you will never, ever have enough.
~ Oprah Winfrey*

Fill A Gift Basket For Yourself



It's traditional to look back over the year, remembering those special moments, the wonderful people who've come into your life, and all you've achieved.

Reflect on 2010 with the goal of finding reasons to celebrate the year. Sure, there were probably

disappointments along the way, but you had successes too. Celebrate! Concentrate on how far you've come. You may not be exactly where you hoped to be by the end of this year, but you're farther along than you were in 2009, aren't you? We all have some things left undone, but that just means we have something to look forward to accomplishing in the future. Celebrate!

This week we're going to focus on all that you have to CELEBRATE about 2010. Absolutely no beating yourself up because you didn't do every single thing on your "To Do" list allowed. No siree! **It's time to take a look at your "TA DA!" list -- all the things you did this year to keep moving forward toward your goals.**

Christmas is the season of giving and it's time to give yourself a gift. **Imagine an enormous, gorgeous basket with your name and a huge red bow on it.** Right now the basket is empty, but in just a few minutes it will be filled to overflowing.

Think about all that went right this year, your successes (big and small), every step you took in the direction of your dreams. Each of these is a fabulous gift that belongs in your basket.

- What life lessons did you learn? Growing into our brighter futures means that we keep learning all the time. All those life lessons are more gifts.
- What did you do to step out into your future in a bigger and bolder way than last year? Every step, every positive action counts. Oooh, more presents!
- Moving out of a familiar comfort zone is part and parcel of ReLaunching Your Life. It's not easy but you went ahead and did it anyway. What did you do to stretch and grow a bit? Your gift basket is really starting to fill up now, isn't it?
- What new ideas did you try out? Just being brave enough to try something new is a success. Congratulate yourself and wrap that courageous behavior up to put in the basket too.
- How about the fun times you've had this year? Taking time for fun, sharing some laughter with people you care about, doing something just because you enjoy it is a cause to celebrate. It means you're showing a little love to yourself. More gifts.
- How did you take better care of yourself in 2010? Did you eat healthier meals? Get enough sleep? Start an exercise program? Spend a little extra time pampering yourself?

I'll bet your basket is overflowing with all the wonderful gifts you didn't even realize you gave yourself this year. Every time you remember another success, wrap it up and put it in your basket. Cherish each gift. It's helping you shape the future you want.

Your ReLaunch Assignment

- **Make it a point to keep adding to your great, big, beautiful gift basket placing at least one more present in it every day until the end of this year.**
- **Remind yourself of all the reasons you have to celebrate by making a written list of all those gifts in your basket.**
- **Keep it handy. Read it again whenever you hit a bump in the road to creating the life you were meant to live. It will remind you of just how much you've accomplished already and inspire you to keep moving forward, one step at a time.**

Please share your thoughts about this on my blog, <http://therelaunchyourlifecoach.wordpress.com>

Your Second Half is a golden opportunity to create the life you were meant to live. It can be filled with meaning and purpose. You can live it with enthusiasm and passion. Your Second Half can be your BEST half!

If you're ready to write your Second Half Plan but you're not sure how to start, give me a call at 931-438-8343 or email me, Bonnie@relaunchyourlifecoach.com. There's absolutely no obligation, no strings attached. **Let's talk about how I can help you find ways to love your work, love your money, and love your life again.**

A Christmas Wish

You can make the world a little bit better this Christmas and in the New Year by sharing these gifts. My Christmas Wish is that we all follow these suggestions, not just during the holidays but throughout the coming year.

Christmas gift suggestions

- To your enemy, forgiveness.
- To an opponent, tolerance.
- To a friend, your heart.
- To a customer, service.
- To all, charity.
- To every child, a good example.
- To yourself, respect.

– Oren Arnold

From time to time, I recommend resources to help you in your ReLaunch journey. Some are free. Some are for a paid product that I may receive a commission on if you purchase. I ONLY recommend things that I would buy myself or recommend to a friend.

Resources You Can Use

- If you'd like to try out a video chat, this website is the place to start. It's free for one-to-one video chatting (always a plus!) and you can record and send video messages. They also offer video conferencing for a fee. <http://www.ooVoo.com>
- If you're looking to save a little cash and want to save the environment at the same time, take a quick look at www.freecycle.org. This grassroots, non-profit movement encourages recycling and reuse by giving and getting things for free. Membership is free too.
- A company in Cummings, GA that makes funny foam balls for car aerials – started very small and is now a million dollar company. This just goes to show you that nearly any creative idea can take off and become a big business. <http://www.HappyBalls.com>

The ReLaunch Your Life Home Study System - your step-by-step guide to clarifying what you really want (and don't want) in your life and creating your own personal roadmap for getting it.



- **What's it worth to learn how to follow your passions and interests to create work that allows you to love your work, love your money, and love your life?**
- **What's it worth to learn how to spot opportunities and potential income streams based on what you love to do?**
- **What's it worth to move past self-doubts, develop an accountability team, and build a solid step-by-step action plan to create the life you want to live?**

For just \$77.00, less than what you spend on lattes in a month, you can get started on your own personal ReLaunch. It's a simple to use system, yet powerful. This holiday season, give yourself a gift that could change your life -- the ReLaunch Your Life Home Study System.

Get your copy at www.relaunchyourlifecoach.com.

You're worth it!



Bonnie Pond is the founder of ReLaunch Your Life, a company devoted to helping women over 40 who are unhappy, stuck, stressed out, or just plain bored in their J-O-B-S. She helps them find ways to move from exhausted, overwhelmed employee to successful, enthusiastic entrepreneur.

As a licensed Profiting From Your Passions coach, she teaches her clients to create multiple income streams doing what they love. Bonnie shows her clients how to tap into their interests and passions so they can enjoy more freedom, more joy and more abundance in their lives.

Through her group and private coaching programs, workshops, retreats, and products, Bonnie gives women the tools they need to love their work, love their money, and love their lives again.

There is no comparison between that which is lost by not succeeding and that which is lost by not trying. -- Francis Bacon